

## **What are Inside Out Club Members saying about their experience?**

### **Barbara, Member Since 08 says...**

"I love my Inside Out Club calls! They help me to stay focused on my commitment to acceptance, stay aware of what's really important - what I am getting, creating and not what I'm not getting or not creating, and I always find a golden nugget in every call whether I've shared in that call or just listened. I can't imagine a week without my call. I always come away from the call with a renewed sense of who I really am (Spirit) and what my purpose on this earth is - to be Love."

### **Denise, Member Since 08 says...**

"Working with Doreen has changed my life. I am more able to live in the moment; appreciate and be thankful for what I have and do; to give and receive love; to be happy and calm during the ups and downs of our tumultuous economic times. Joining the Inside Out Club gives me a resource for connecting with others on the same journey. It allows me to learn from others as well as Doreen. It gives me an opportunity to discuss what I am having difficulty working through on my own with Doreen and the other participants. Doreen I cannot thank you enough for what you have taught me and what you continue to teach me through the Inside Out Club."

### **Michael, Member Since 07 says...**

"I thoroughly enjoy interacting with, listening to and being "on the line" with Doreen in the Inside Out club.

Having the opportunity to just "tune into" a 1 hour time with like minded folks from around the country that either really get Doreen's principals (The Universes principals too) or are working their way to understanding these principals that help drive our reality is such a gift, I can't say enough in this short time-frame .

I have come to understand how important my state of being is in manifesting my life. Not only dealing with areas that I may not be happy with, but to be aware that these areas are my creation and that I can be much more in control of them and either turn them more to my liking or recreate them entirely.

It's like being on a bus that is moving in a direction you don't want to be, you can always get off at the next stop or you can create that the bus will actually begin to take you where you want to go by realizing that you created the bus and the driver in the 1st place and then command from there, metaphorically.

I am doing this in my love relationships, my business, which is booming and so many other areas of my life where I "appeared to be" stuck.

It sometimes takes effort to keep seeing things in a way that Doreen has described, but like someone who is overweight or who smokes or is in any situation that isn't to their liking; it doesn't necessarily change overnight, but with diligence to the possibilities and the "laws of the

universe" in this manner, one can change their entire world by listening in and using the subtleties presented.

Having used these calls for my own betterment and also enjoying contributing to the calls makes me feel incredible!

So I say: Go listen in on 2-3 calls and if you are engaged in seeing what can be and how to in life, then you will also be steeping yourself in something greater than that and may very well come away with more than even I have described here...."

**Kathy, Member Since 07 says...**

"I look forward to the Inside Out Club every week. Getting together with Doreen and the other members of the group once a week makes a huge difference in my life as I learn to accept everything that comes into my life and the feelings that I attach to situations and "reality". I've been working with Doreen for over a year - part of the time was one on one coaching which is also invaluable. However, being able to connect with the group really helps me understand that I'm not alone in my feelings and that my "problems" are all easily acceptable as I listen to others accept what's going on in their lives. It's so gratifying to listen to others grow and change as they learn to accept and open up to new and wonderful possibilities. I ALWAYS learn something about myself by hearing what's going on in others lives and listening to Doreen coach someone else through one of their challenges."

**Patty, Member Since 08 says...**

"Participating in the Inside Out Club is like finding Glinda, the Good Witch of the North, from the Wizard of Oz. Remember Glinda telling Dorothy, "My dear, you've had the power to go home all along." This is exactly what Doreen is telling us, we have the power. Being in the Inside Out Club is a constant reminder for me, that I have the power to be aware and accept my current state of being, because it is my state of being that creates my outer reality. Shedding all of my resistance through acceptance, takes me back home to a state of pure love. Being in the Inside Out Club is like a journey down the Yellow Brick Road. You get to hear the trials that others are going through and this helps you to remember to focus on the cause (your state of being) rather than the effects (anything in the physical world). I have had lots of a-ha moments and epiphanies that have helped me to move through life more smoothly. Being in the Inside Out Club you learn through acceptance that you are the Wizard of your own world."

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